Tanger
SAFARIS & CULTURE



SAMPLE ITINERARY

10 Days Udzungwa and Uluguru Mountains Trek

Southern Tanzania's green mountains: rainforest peaks, waterfalls and rare monkeys, with a game drive in between.

DURATION	STARTS	STYLE	PRICE
10 Days / 9 Nights	Dar es Salaam	Mid-range	On request

Route: Dar es Salaam → Uluguru Mountains → Mikumi → Udzungwa Mountains

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YOUR JOURNEY

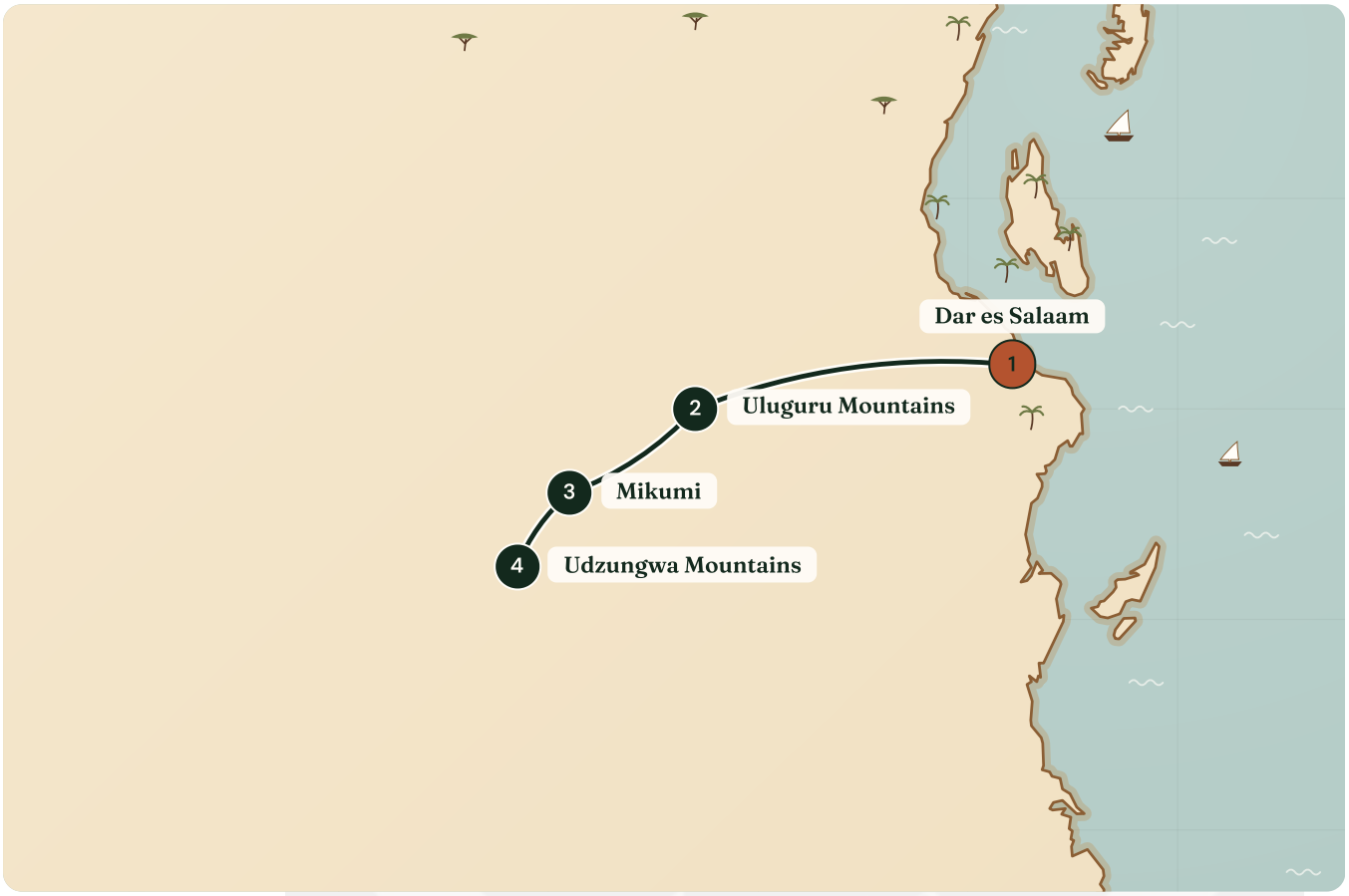
The *overview*

Known as Africa's Galápagos for their rare species, these ancient mountains see few visitors. Walk to Lupanga Peak above Morogoro, game-drive in Mikumi, then climb through Udzungwa's rainforest, past the Sanje Waterfalls, on the Mwanihana Trail.

Highlights

- Lupanga Peak in the Ulugurus
- Sanje Waterfalls
- Mwanihana Trail overnight
- Rare Udzungwa red colobus
- Mikumi game drive

Your *route*



Journey start · Stop · By road

Illustrative map, not to be used for navigation.

Day 1	Arrival in Dar es Salaam
Day 2	Dar es Salaam – Morogoro
Day 3	Morningside and the Uluguru Forest
Day 4	Lupanga Peak
Day 5	Morogoro – Mikumi National Park
Day 6	Mikumi – Mang'ula
Day 7	Sanje Waterfalls
Day 8	Mwanihana Trail: Forest Camp
Day 9	Mwanihana Peak – Mang'ula
Day 10	Mang'ula – Dar es Salaam and Departure

Day by *day*

DAY
1

Arrival in Dar es Salaam

Arrive in Dar es Salaam, where a Tanger Safaris representative meets you and provides a private transfer to your hotel. Rest after the flight and go through the plan for the days ahead.

Personal airport welcome · Private transfer · Briefing and route review

TRAVEL
Usually 30–60 minutes from the airport, depending on traffic.

MEALS
Dinner, depending on arrival time

STAY
Hotel in Dar es Salaam, confirmed in the final quotation.

DAY
2

Dar es Salaam – Morogoro

Drive inland to Morogoro at the foot of the dramatic Uluguru Mountains, and meet your local guide.

Road west from the coast · Uluguru views · Trek briefing

TRAVEL
Usually 3–4 hours by road, depending on traffic.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in Morogoro, confirmed in the final quotation.

DAY
3

Morningside and the Uluguru Forest

Climb through farms and forest to the old Morningside house and a waterfall nearby, with sweeping views over Morogoro.

Morningside · Mountain waterfall · Luguru farmland

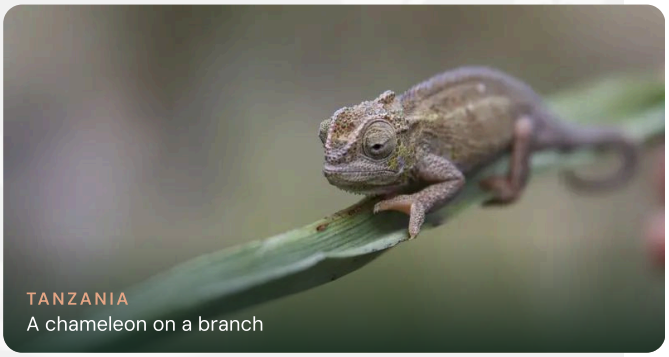
TRAVEL
Usually 5–6 hours of walking.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in Morogoro, confirmed in the final quotation.



TANZANIA
Green hills from the air



TANZANIA
A chameleon on a branch

DAY 4

Lupanga Peak

An early start for the steep climb through rainforest to Lupanga Peak at about 2,150 m, watching for rare forest birds on the way.

Lupanga Peak | Rare forest birds | Uluguru rainforest

TRAVEL
Usually 7–9 hours in total, and steep.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in Morogoro, confirmed in the final quotation.

DAY 5

Morogoro – Mikumi National Park

Drive to Mikumi for an afternoon game drive across the open Mkata floodplain, looking for elephants, giraffes, buffalo and lions.

Mkata floodplain | Elephant and giraffe | Sunset game drive

TRAVEL
Usually 2–3 hours by road.

MEALS
Breakfast, lunch and dinner

STAY
Lodge or tented camp near Mikumi, confirmed in the final quotation.

DAY 6

Mikumi – Mang'ula

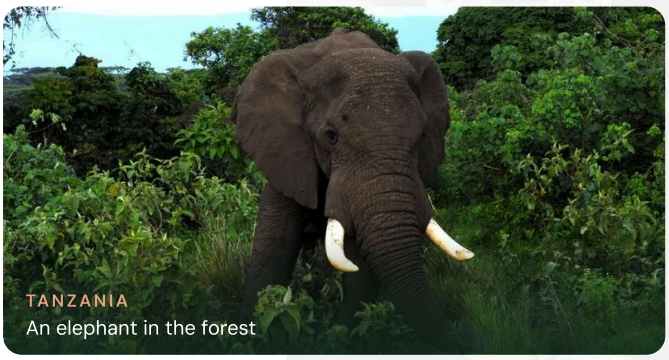
Take a final morning game drive, then continue south to Mang'ula, at the foot of the Udzungwa escarpment.

Morning game drive | Udzungwa escarpment | Relaxed evening

TRAVEL
Usually 2–3 hours by road.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in Mang'ula, confirmed in the final quotation.



TANZANIA
An elephant in the forest



TANZANIA
Walking with a local guide

DAY 7

Sanje Waterfalls

Walk with a park guide through the forest to the Sanje Waterfalls, watching for Udzungwa red colobus and Sanje mangabey, and swim in a pool below the falls.

Sanje Waterfalls | Rare monkeys | Forest swimming pool

TRAVEL
Usually 4–5 hours of walking.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in Mang'ula, confirmed in the final quotation.

DAY 8

Mwanihana Trail: Forest Camp

Set out with a ranger on the trail into the heart of the park, climbing through forest to a simple camp.

Deep rainforest | Few other walkers | A night in the forest

TRAVEL
Usually 6–7 hours of walking, with a crew carrying the camp.

MEALS
Breakfast, lunch and dinner

STAY
Tented forest camp, about 1,600 m.

DAY 9

Mwanihana Peak – Mang'ula

Climb to the viewpoint and peak at about 2,150 m, for views across the Kilombero Valley, then make the long walk back down to Mang'ula.

Mwanihana Peak | Kilombero Valley views | Long forest descent

TRAVEL
Usually 8–10 hours in total.

MEALS
Breakfast, lunch and dinner

STAY
Lodge in Mang'ula, confirmed in the final quotation.

DAY 10

Mang'ula – Dar es Salaam and Departure

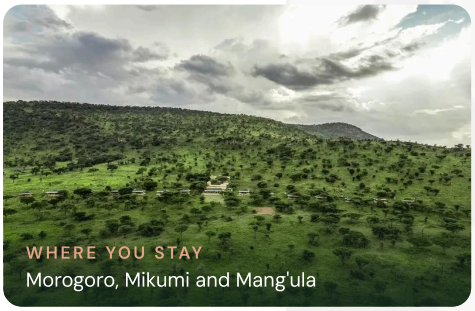
Leave early for the drive back to Dar es Salaam, in time for your onward connection.

Road transfer | Mikumi on the way | Departure transfer

TRAVEL
A long road transfer of about 6–8 hours. Please book evening flights or stay an extra night.

MEALS
Breakfast and lunch

STAY
No accommodation included unless an extension is requested.



WHERE YOU STAY
Morogoro, Mikumi and Mang'ula

Mid-range

Local lodges and a forest camp

Comfortable local lodges, with one night in a tent on the Mwanihana Trail. Exact properties are confirmed in your tailored quotation.

Included

- Private vehicle and driver-guide for road transfers
- Local walking guides and rangers where required
- Park, forest reserve and village walking fees
- Accommodation and meals as listed in the itinerary
- Airport transfers
- Game drives, vehicle and park fees for the safari days

Not included

- International flights
- Tanzania visa and travel insurance
- Personal walking clothing and boots
- Crew tips and personal expenses
- Drinks not listed as included

Make this journey *yours*

This itinerary is a starting point. Tell us your dates, travellers and interests, and Irene and Wilfried will reply with a tailored proposal, usually the same day.

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Prices are per person sharing and depend on dates, group size and confirmed accommodation; all accommodation is subject to availability. Routes, times and wildlife sightings can vary with season, weather and park rules. Exact properties and final inclusions are confirmed in your quotation.